

# proweightloss

## 21 DAYS CHALLENGE

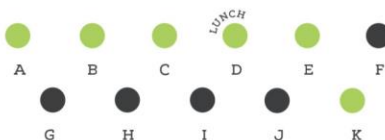
### Legend / Task(s)

- A. Take ProVita Probiotics    B. Use Slimbelt    C. Drink Shape in Shake
- D. Do Day of Calendar Challenge    E. Food from Recipe of Coach Barbie
- F. Write Proweightloss Diary    G. Use Candy Bag    H. Take Vitamin C after Meal
- I. Take Provela White before Bedtime    J. Check Coach Barbie Guide    K. 3 Liters of Water

\*Colored dots means the task(s) for the day

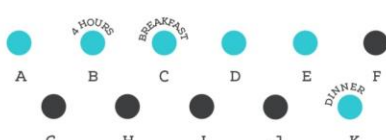
### DAY 1

\* Take a selfie with your favorite products and send it to me



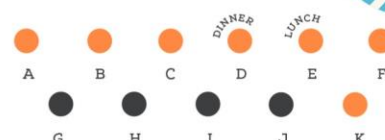
### DAY 2

\* Post motivational Quotes on your timeline



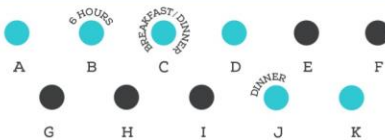
### DAY 3

\* Call one of your friend and tell them you will lose weight

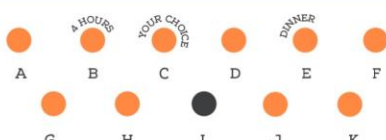


### DAY 4

\* Take a selfie with **CANDY BAG**

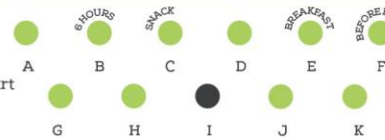


### DAY 5



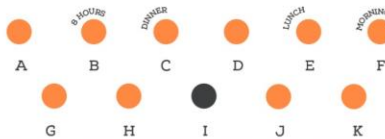
### DAY 6

\* Message a friend today and encourage her to start her weight loss journey like you



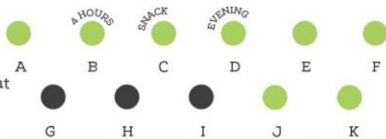
### DAY 7

\* Chat with **COACH BARBIE**



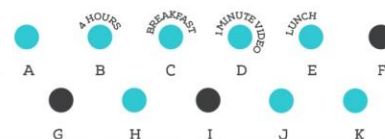
### DAY 8

\* Do a 1 minute video and share your thoughts about losing weight, don't forget to tag me!



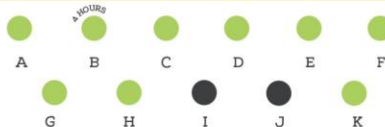
### DAY 9

\* Measure your Body now and Write to **F. Proweightloss Diary**



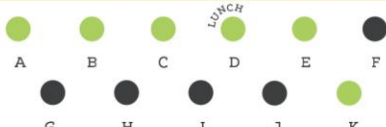
### DAY 10

\* Eat your favorite food today and send it to me.



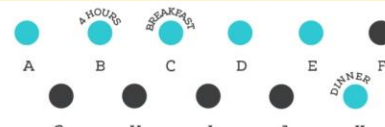
### DAY 11

\* Take a selfie with your favorite products and send it to me



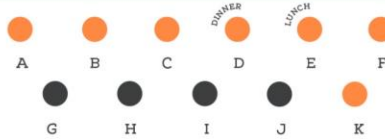
### DAY 12

\* Post motivational Quotes on your timeline



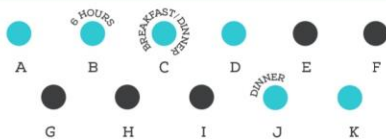
### DAY 13

\* Call one of your friend and tell them you will lose weight

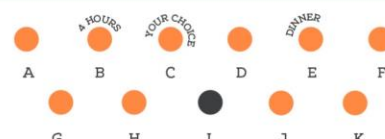


### DAY 14

\* Take a selfie with **CANDY BAG**

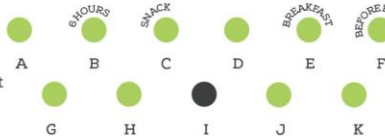


### DAY 15



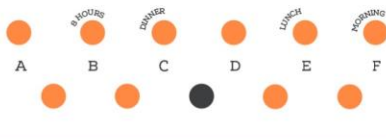
### DAY 16

\* Message a friend today and encourage her to start her weight loss journey like you



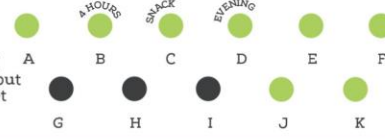
### DAY 17

\* Chat with **COACH BARBIE**



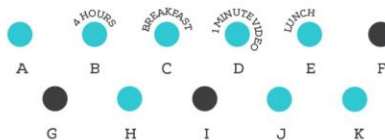
### DAY 18

\* Do a 1 minute video and share your thoughts about losing weight, don't forget to tag me!



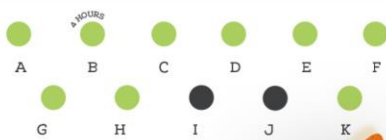
### DAY 19

\* Measure your Body now and Write to **F. Proweightloss Diary**



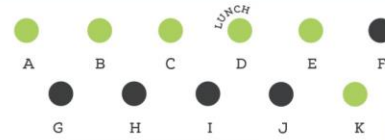
### DAY 20

\* Eat your favorite food today and send it to me.



### DAY 21

\* Take a selfie with your favorite products and send it to me



Know more about us:

[www.proweightlossprogram.store](http://www.proweightlossprogram.store)